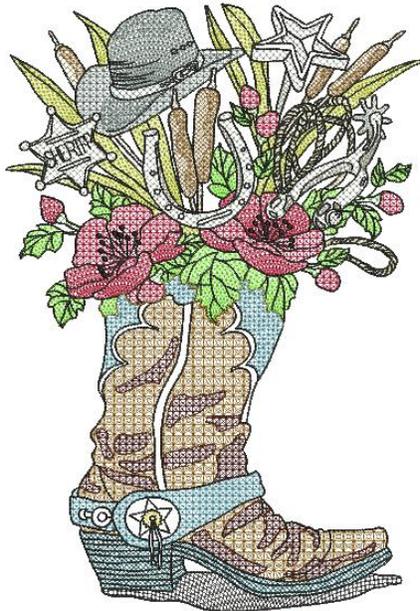


"BOOT"IFUL BOUQUET SERIES

Cowboy & Ice Skate Boots
Western & Instrument Bouquets



MIX AND MATCH BOOTS AND BOUQUETS!



Cowboy Boot reversed in this picture

Redwork Style Designs for the Embroidery Module
Original artwork by Kelley Smith
Designed and Digitized by
CLAUDIA DINNELL

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"BOOT"IFUL BOUQUET SERIES

Cowboy & Ice Skate Boots

Finished size 20" x 24"

Supply List:

Design includes digitized designs in the following formats: art, dst, exp, hus,jef, pcs, pes, vip, vp3, xxx
Print the embroidery and piecing instructions from the CD. Please print in color for easiest viewing.
Minimum stitch field required to embroider these designs is 6" wide and 8" high.

Fabric Supply List:

½ yard Light tone on tone background fabric (per each boot design)
1/3 yard Dark fabric for outer border and binding
1/8 yard Inner Border
1 yard Shape Flex SF101 by Pellon (lightweight woven, one sided fusible interfacing)
¾ yards Backing
25" x 30" Batting

Embroidery Supply List: Minimum stitch field required 6" wide x 8" high.

Polymesh Cutaway Stabilizer
Ultra Clean and Tear (Medium Light Weight) Tear Away Stabilizer
Temporary Adhesive Spray for fabric
Removable fabric marking pen (no air erasable)
Basic embroidery kit including small doubled curved scissors, long straight pointy tweezers, etc.
Embroidery Needles Sharps 80/12
All hoops must have a grid/template

40wt Embroidery Thread: Isacord Thread Colors are listed:

Water soluble thread for basting

Ice Skate:

3650 Light Blue (body of skate)
3906 Pacific Blue (shading on skate)
0108 Cobblestone Gray (skate blade)
2576 Darker Gray (shading on blade)
0020 Black (shadow & outlining)

X-Mas Cowboy Boot

0824 Liberty Gold (top & band)
1904 Red (body of boot)
1912 Maroon (shading on boot)
5912 Light Green (star center)
0933 Brown (heel & sole)
0020 Black (shadow & outlining)

Cowboy Boot

3830 Steele Blue (top of boot)
1154 Penny Brown (body of boot)
1346 Cinnamon (shading on boot)
0824 Liberty Gold (star center)
4133 Deep Ocean (heel & sole)
0020 Black (shadow & outlining)

Instrument Bouquet:

5912 Erin (Light) Green (leaves)
5933 Medium Green (leaves & sprigs)
1904 Cardinal Red (berries)
3906 Bright Blue (ribbon)
0108 Cobblestone (Medium) Gray (flute)
0605 Daisy Yellow (brass instruments)
0552 Flax (instrument shading & harp)
0020 Black (outlining)

Western Bouquet

5912 Erin (light) Green (leaves)
5933 Medium Green (succulents)
4116 Dark Teal (cowboy hat)
0643 Barewood Tan (rope)
1904 Cardinal Red (poppies)
0933 Redwood Brown (cattails)
0142 Sterling Gray (badge, branding iron, horseshoe, spur)
0152 Dolphin (shading on horseshoe, branding iron & spur)
0020 Black (outlining)

Sewing Supply List

50wt. Cotton Thread matching the fabric.
Basic sewing kit including scissors, pins, rotary cutter & mat, long straight ruler, etc.
Sizing or Starch
Optional: 20 ½" square ruler for accurate marking & trimming.

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CUTTING INSTRUCTIONS

Light tone on tone background fabric (1/2 yard):

Cut fabric in half:

(2) 18" x 22"

Set one piece aside for now.

Starch and press

Shape Flex Interfacing: (1 yard)

Cut (2) 18" x 22"

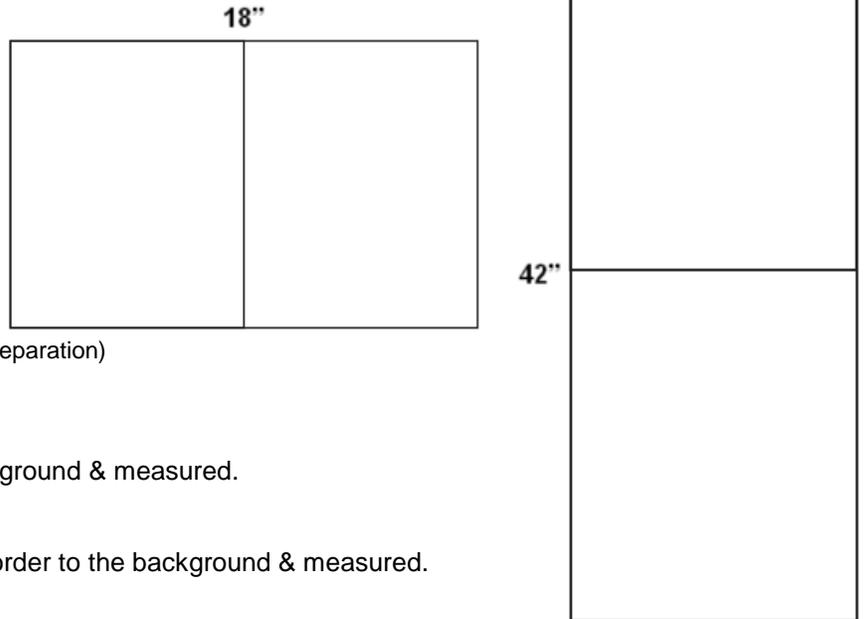
Set one aside for now.

Iron/press woven interfacing to the back of the background piece.

The interfacing will shrink.

Seal the two layers well.

(Refer to Tips for Successful Embroidery / Fabric Preparation)



Inner Border Fabric (1/2 Yard):

Cut (2) 1" strips x width of fabric:

Sub cut strips after you have trimmed the background & measured.

Outer Border Fabric

Cut (2) 3 1/2" strips x width of fabric

Sub cut strips after you have sewn the inner border to the background & measured.

Binding: (same fabric as Inner Border)

Cut (3) 2 1/4" strips x width of fabric

FABRIC PREPARATION

Step #1: Cut Polymesh Cut Away Stabilizer

Cut a piece of Polymesh Stabilizer 4" larger (all around) than the background fabric.

You may need to piece the Polymesh sections together to get the correct size.

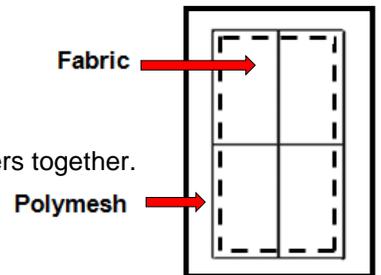
Overlap the Polymesh sections by 2" (use adhesive spray).

Center the fabric over the stabilizer and use temporary adhesive spray to glue to two layers together.

Top layer – fabric (ironed and starched)

Middle layer – Shape Flex (ironed & starched to back of fabric)

Bottom layer - Polymesh (glued to the Shape Flex with adhesive spray)



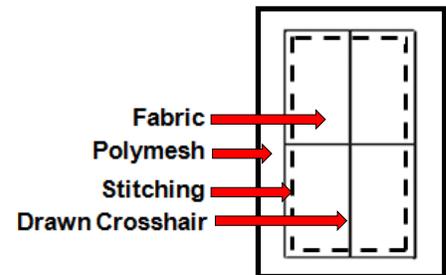
Step #2: Marking the fabric:

Mark a center crosshair **the full width and length** on the **right side** of the fabric. Be accurate and use a removable pen with a thin tip.

Do not use air erasable.

Step #3: Sew Polymesh to the fabric block:

Sew all around the fabric block (use a dual feed or walking foot) 1/8" from the edge sewing the fabric to the Polymesh. This will help eliminate stretch during the embroidery process. The fabric and Polymesh must lay flat and smooth.



PIECING INSTRUCTIONS

Trim the **embroidered** background piece to 18" x 15".

Inner Border: Cut 1" strips and sew to background fabric.

Outer Border: Cut 3 1/2" wide strips and sew to background fabric or Border as desired

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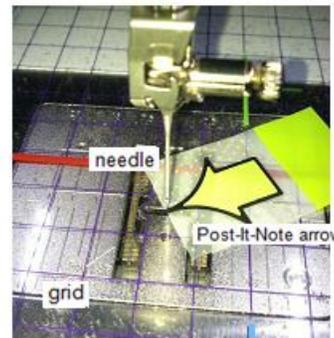
TIPS FOR SUCCESSFUL EMBROIDERY!

Keep these pages accessible, you will need to refer to these "Tips" throughout your embroidery!!

Follow Claudia's two step "**Perfect Placement Technique**" for accurately multi-hooping large designs!

Step #1: Marking the design's first stitch location on the grid:

Attach the **hoop and grid** to the module with no fabric. **Open the design** to be embroidered. Advance to the **embroidery sewing screen**. Embroidery Machines open a design in an editing screen. Touch the icon that moves you to the embroidery sewing screen. Advancing to the embroidery sewing screen takes you to the first stitch of the design, where you are ready to embroider!



Brother, Babylock, and Janome machines have an automatic center stitch programmed into the machine. This is not part of my design! You must advance past this "programmed center stitch" **to move to the first stitch of my designs**. These machines will have an additional icon you will need to touch to move you to first stitch of my design.

Bernina machines with a Basting Box option must make sure the built in basting box option is turned off before they advance to the embroidery sewing screen.

Then by hand, lower your needle to touch the grid. Place an arrow shaped post-it-note on the grid so the tip of the arrow touches the tip of the needle. (See picture) This marks the first stitch location of my design on the grid (not the center of the design, not the center of the hoop, **but the first stitch of the opened design**). Raise the needle; remove the hoop and grid from the module.

Step #2: Hooping the Fabric

Place the **inner hoop with the grid** on the (stabilized and marked) background fabric. The arrow shaped post-it-note on the grid should be pointing to either the **Needle Alignment** or to the **Placement Line** location on the background fabric. The location is noted in the Embroidery Instructions and will be different for each hooping (it will almost never be the center of the hoop). Hoop the (stabilized and marked) fabric with the lines on the grid parallel and perpendicular to the drawn lines on the fabric. The drawn lines need not lie exactly under the lines of the grid, but must be parallel and perpendicular to the lines on the grid. This keeps the larger piece of fabric square and straight as you embroider. Remove the grid from the hoop and attach the hoop to the module. After you have connected the hoop to the module, the needle may need a little adjustment to be exactly over the **Needle Alignment** or **Placement Line** that are on the fabric. If needed, select the Move Hoop Icon & move the hoop to position the needle perfectly over the mark. The Needle Alignment is to place the needle correctly on the fabric, usually it is not to be sewn out; it is for needle placement only (unless otherwise indicated). If you accidentally sew it out it will look like a crosshair, pick it out!

To watch a demo of the "Perfect Placement Technique" from your computer go to:

www.claudiascreationsaz.com Select the "Workshops" tab and choose Instructional Videos / Perfect Placement.

Additional Tips and Helps!

Tip #1: Built in Basting Box!

- A. BERNINA embroidery machines have a built-in basting box option. When this option is enabled it will add a color stop to the stitching order of the design. This option should be disabled before opening a design. If the basting box option is on or enabled when you advance to the embroidery sewing screen, you would be marking the grid with the first stitch position for the basting box and not the first stitch of the design! Be sure to disable the basting box option before opening a design. Mark the first stitch of the design with the post-it note arrow.

Hoop your fabric. Now turn on or enable the basting box option and sew the basting box out.

After sewing out the built-in basting box, turn it OFF. BERNINA's have two basting box options; turn off both before marking the grid. Leaving it on will add a thread color stop and the numbering of the colors in the instructions will be off by one: The added color for the basting box. Be sure this option is off before marking the Needle Alignment.

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Tip #2: Hooping Tips

- B. Place sections of **permanent** double sided tape (**not repositionable**) on the wrong side of the inner hoop. Flip the inner hoop right side up and place the inner hoop, with the grid inside of it, on the fabric. The doubled sided tape holds the inner hoop to the fabric. This makes it easier to pick up the inner hoop and fabric and place it in the outer hoop with ease. (Always loosen the outer hoop screws as much as possible).
- C. You may find it easier to hoop the fabric if you remove the “tear away” stabilizer from the last hooping because that will reduce the stabilizer “bulk”.
- D. Roll the excess fabric in a tube shape and use clips to hold the excess fabric out of the way. This will prevent the fabric from accidentally slipping under the hoop.
- E. As you place the hoop on the fabric remember the drawn lines on the fabric need not lie exactly under the lines of the grid, but must be parallel and perpendicular to the lines on the grid.

Tip #3: Unusual Embroidery Instructions (not common in other patterns):

- A. **Needle Alignment:** This is placed first in the stitching order. It is strictly for needle placement and not to be sewn out (unless indicated). If it is accidentally sewn out it will look like a crosshair. Pick it out!
- B. **Placement Line:** This is usually a line that is to be sewn out without thread. It is an alignment tool for connecting one hooping to another.
- C. **The blank line after the thread color: Thread Purple # _____** (Write your thread Color # on the line) It will help you remember what color you used when you return to embroidering.
- D. **Sew without thread:** The easiest way to do this is to use the stitch sequence control icon (this is the icon that you would use to back up the needle position if you **broke your thread** or **ran out of bobbin thread**.) Use this icon to advance through the design stitch by stitch. Move forward, drop the needle to check to see if you are following an outline, then advance again. Watch my demo on my website.

Tip #4: Ironing/Pressing

- Place the embroidered background fabric **wrong side up**, over a cotton towel to iron. Ironing on the right side of embroidery will crush the embroidery stitches! Padding the stitches with a folded cotton towel won't crush them. I usually spray with starch and then press the fabric.

Tip #5: Trimming the Blocks

- For best accuracy, use a square ruler to trim all the blocks. Place the square ruler on the block lining up two sides, then trim. Trimming with a 6" x 24" ruler is not as accurate and leads to slips and miss-cuts. If you have difficulty keeping a ruler from moving when you cut, place double sided tape on the side that goes against the fabric! Also, using quilting gloves helps to hold it in place!

Fabric Preparation

Removing Dye:

- Usually I do not wash my fabrics before embroidering or piecing them into a quilt. However, if I am using reds or greens I may want to test a piece to see if it is color fast. If it is not, you may want to treat the fabric with a product that will remove the excess dye. Quilt products such as Retayne and Synthrapol always work great.

Sizing or Starching the Fabric:

- This process will pre-shrink your fabric and leave it with body making it perfect for cutting, piecing and embroidering. Spray starch over the fabric. Hold a hot iron on the fabric until the moisture dries. Don't burn your fabric but hold it on long enough for it to dry. I always starch my fabric before embroidering on it.

Woven Interfacing:

- First steam iron and starch the fabric. Then place the woven interfacing (Shape Flex 101 by Pellon) adhesive side down, on the wrong side of the fabric. Spray with water. Use your hands to smooth out the moistened Shape Flex over the fabric before using the steam iron. Set the steam iron on the center area of the Shape Flex and hold the iron long enough to dry & seal the two layers together, but not so long that it burns! Pick up the iron and place it close to the first spot. Repeat until all the interfacing is sealed to the fabric. This will “pre-shrink” both fabric and interfacing. The Shape Flex will shrink, that is expected. All the edges of the Shape Flex should be sealed to the fabric. If “air bubbles” are showing on the fabric, you need to spray with water and press again.

Ice Skate Boot (8x12 Stitch Field)

The background fabric is cut **18" x 22"** (wxh)

See **Cutting and Fabric Preparation Instructions**. Mark a center crosshair the full width and length of the fabric.

Select the folder with the format your machine reads.

Select 8x12 Hoop folder / Select #1 Boots folder

Select Ice Skate folder

Attach the hoop and grid to the module (no fabric).



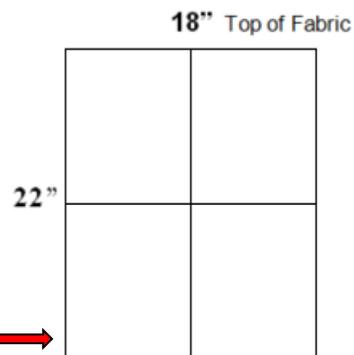
Open **Ice Skate**

Step #1 Advance to the **embroidery screen**.

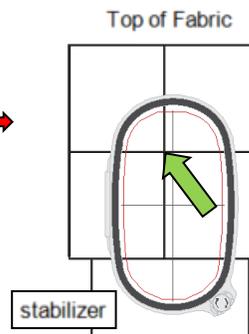
Step #2 Lower the needle and lay an arrow shaped post it note on the grid with the tip of the arrow touching the needle.

Babylock, Brother, & Janome machines need to advance past the pre-programmed center stitch and advance to the **1st stitch of my design**. (Refer to Steps #1 & #2 of "Tips for Successful Embroidery")

To hoop Design #1 the fabric is positioned with the top of the block at the top.



Hoop the stabilized fabric with the **arrow on the grid pointing to the center crosshair on the fabric**. See start arrow in **Example #1**. The center of the hoop is not aligned with the center of the fabric. Remove the grid from the hoop and attach the hoop to the module. Slide or "float" a piece of tear away stabilizer under the attached hoop.



Color #1

Needle Alignment.

The needle is positioned over the center crosshair on the fabric. See start arrow in **Example #1**. Do not sew Color #1 it is for needle placement only.

Reposition if needed to be over the crosshair.

Advance to Color #2.

Thread Very Light Blue # _____

Color #2 Embroider the skate.

Thread Blue # _____

Color #3 Embroider the shading on the skate.

Thread Medium Gray # _____

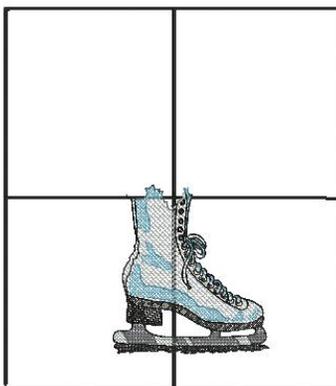
Color #4 Embroider the blade on the skate.

Thread Dark Gray # _____

Color #5 Embroider the shading on the blade.

Thread Black # _____

Color #6 Embroider the outlining.



Remove the fabric from the hoop.

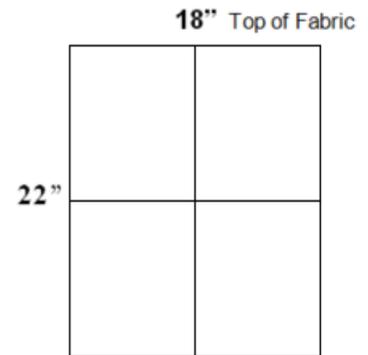
Gently remove the stabilizer from the back.

Cowboy Boot (8x12 Stitch Field)

The background fabric is cut **18" x 22"** (wxh)
See **Cutting and Fabric Preparation Instructions**
Mark a center crosshair the full width and length of the fabric.

Select the folder with the format your machine reads.
Select 8x12 Hoop folder / Select #1 Boots folder
Select Cowboy Boot folder

Attach the hoop and grid to the module (no fabric).



Open **Cowboy Boot** →

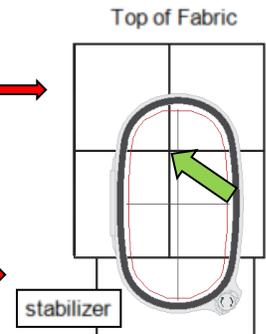
Step #1 Advance to the **embroidery screen** to advance to the first stitch of my design.

Step #2 Lower the needle and lay an arrow shaped post it note on the grid with the tip of the arrow touching the needle.

Babylock, Brother, & Janome machines need to advance past the pre-programmed center stitch and advance to the **1st stitch of my design**. (Refer to Steps #1 & #2 of "Tips for Successful Embroidery")

To hoop Design #1 the fabric is positioned with the top of the block at the top. →

Hoop the stabilized fabric with the **arrow on the grid pointing to the center crosshair on the fabric**. See start arrow in **Example #1**. The center of the hoop is not aligned with the center of the fabric. Remove the grid from the hoop and attach the hoop to the module. →
Slide or "float" a piece of tear away stabilizer under the attached hoop.



Color #1 Needle Alignment.
The needle is positioned over the center crosshair on the fabric. See start arrow in **Example #1**.
Do not sew Color #1 it is for needle placement only.
Reposition if needed to be over the crosshair. Advance to Color #2.

Thread Gold # _____

Color #2 Embroider the top and band on the boot.

Thread Red # _____

Color #3 Embroider the body of the boot.

Thread Maroon # _____

Color #4 Embroider the shading on the body of the boot.

Thread Light Green # _____

Color #5 Embroider the star on the boot.

Thread Brown # _____

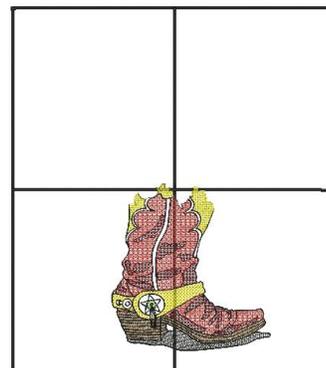
Color #6 Embroider the sole.

Thread Black # _____

Color #7 Embroider the outlining.

Remove the fabric from the hoop.

Gently remove the tear away stabilizer from the back. →



Instrument Bouquet (8x12 Stitch Field)

Select the **#2 Bouquet** folder
Select the **Instrument** folder

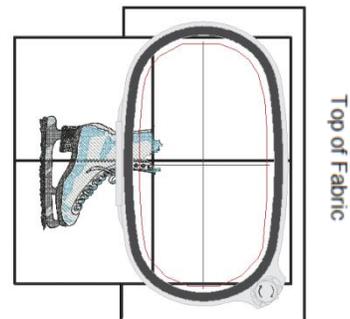
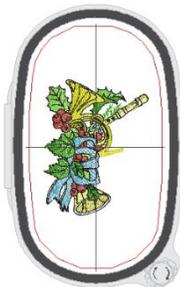
Attach the hoop and grid to the module (no fabric).

Open #1 Bottom Half

Step #1 Advance to the **embroidery screen** to advance to the first stitch of my design.

Step #2 Lower the needle and lay an arrow shaped post it note on the grid with the tip of the arrow touching the needle.

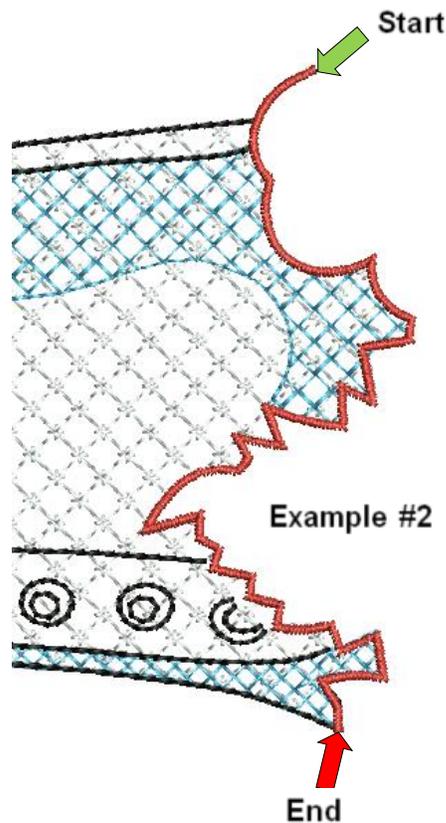
Babylock, Brother, & Janome machines need to advance past the pre-programmed center stitch and advance to the **1st stitch of my design**. (Refer to Steps #1 & #2 of "Tips for Successful Embroidery")



To hoop this design the fabric is rotated with the top of the block to the right of the hoop.

Hoop the stabilized fabric with the **arrow on the grid pointing to the top end of the outline** (shown in red): See green start arrow in **Example #2**. Remove the grid from the hoop and attach the hoop to the module.
Slide or "float" a piece of tear away stabilizer under the attached hoop.

Color #1 Placement Line. (Pictured is the Ice Skate Boot: the needle placement is the same for all boots) 
The needle is positioned at the top end of the outline (shown in red) pictured in **Example #2**. Sew **Color #1** without thread; it sews from the start to the end arrow following the outline (shown in red) in the picture.
Reposition if needed to follow the outline.
Re-thread. Advance to **Color #2**.



Thread Light Green # _____

Color #2 Embroider the leaves.

Thread Medium Green # _____

Color #3 Embroider the leaves and sprigs.

Thread Red # _____

Color #4 Embroider the berries.

Thread Medium Gray # _____

Color #5 Embroider the flute.

Thread Gold # _____

Color #6 Embroider the horns & clarinet.

Thread Flax # _____

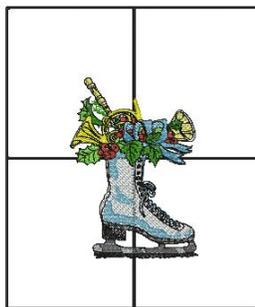
Color #7 Embroider shading on the clarinet.

Thread Blue # _____

Color #8 Embroider the ribbon bow.

Thread Black # _____

Color #9 Embroider the outlining.



Remove the fabric from the hoop. 
Gently remove the tear away stabilizer from the back.



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Instrument Bouquet (8x12 Stitch Field)

Attach the hoop and grid to the module (no fabric).

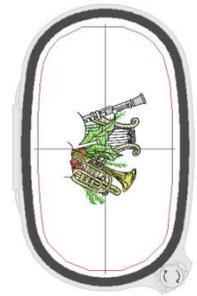
Open #2 Right Side

Step #1 Advance to the **embroidery screen** to go to the 1st stitch of my design.

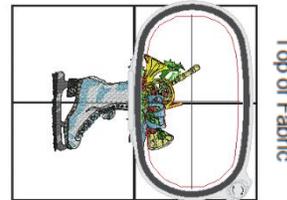
Step #2 Lower the needle and lay an arrow shaped post it note on the grid with the tip of the arrow touching the needle.

Babylock, Brother, & Janome machines need to advance past the pre-programmed center stitch and advance to the 1st **stitch of my design**.

(Refer to Steps #1 & #2 of "Tips for Successful Embroidery")



To hoop this design the Top of Fabric is rotated with the top of the block to the right of the hoop.



Hoop the stabilized fabric with the **arrow on the grid pointing to the top end of the outline** (shown in red): See green start arrow in **Example #2**. Remove the grid from the hoop and attach the hoop to the module.

Slide or "float" a piece of tear away stabilizer under the attached hoop.

Color #1 Placement Line.
The needle is positioned at the top end of the outline (shown in red); See green start arrow in **Example #2**. Sew Color #1 without thread; it sews from the start to the end arrow following the red outline pictured in Example #2. Reposition if needed to follow the outline. Re-thread. Advance to Color #2.

Thread Light Green # _____

Color #2 Embroider the leaves.

Thread Medium Green # _____

Color #3 Embroider the leaves and sprigs.

Thread Red # _____

Color #4 Embroider the berries.

Thread Cobblestone Gray # _____

Color #5 Embroider the flute.

Thread Gold # _____

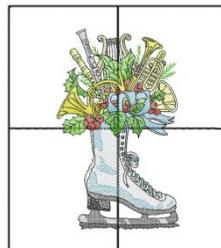
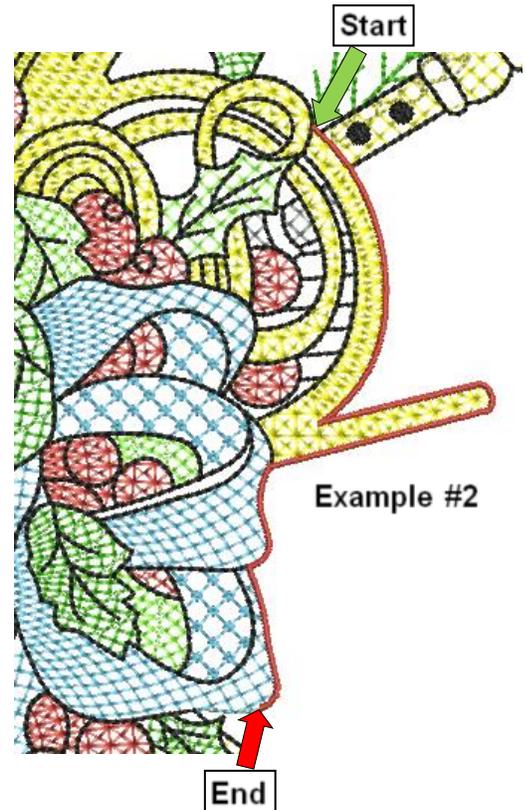
Color #6 Embroider the horn.

Thread Flax # _____

Color #7 Embroider the harp and horn.

Thread Black # _____

Color #8 Embroider the outlining.



Remove the fabric from the hoop.

Gently remove the tear away stabilizer from the back.

Follow Piecing Instructions at the bottom of page 3.

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Western Bouquet (8x12 Stitch Field)

Select the **#2 Bouquet** folder
Select the Western Bouquet folder

Attach the hoop and grid to the module (no fabric).

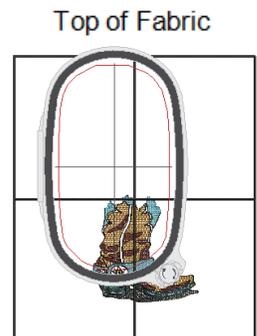
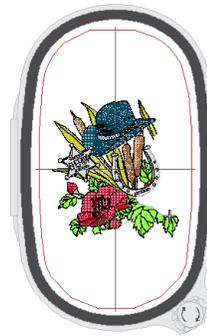
Open **#1 Left Side** 

Step #1 Advance to the **embroidery screen** to go to the 1st stitch of my design.

Step #2 Lower the needle and lay an arrow shaped post it note on the grid with the tip of the arrow touching the needle.

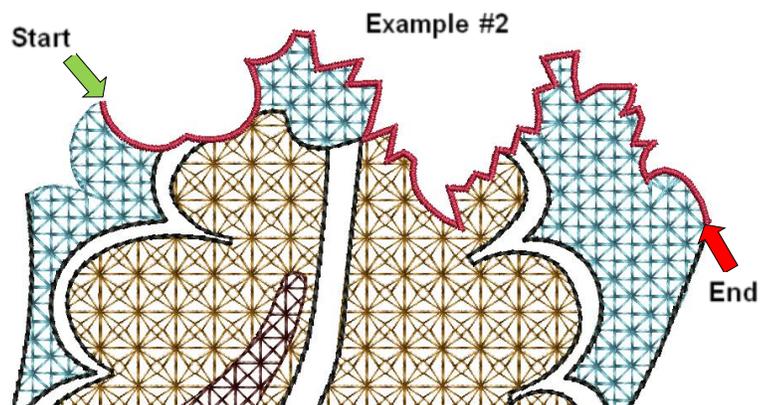
Babylock, Brother, & Janome machines need to advance past the pre-programmed center stitch and advance to the **1st stitch of my design**. (Refer to Steps #1 & #2 of "Tips for Successful Embroidery")

To hoop this design the Top of Fabric is positioned at the top of the hoop. 



Hoop the stabilized fabric with the **arrow on the grid pointing to the beginning of the red outline**. See start arrow in **Example #2**. Remove the grid from the hoop and attach the hoop to the module.

Color #1 Placement Line. (Pictured is the Cowboy Boot: the needle placement is the same for all boots)
The needle is positioned at the left end of the outline (shown in red):
See start arrow in **Example #2**.
Sew Color #1 without thread; it sews from the start to the end arrow following the red pictured in Example #2. Reposition if needed to follow the outline. Re-thread.
Advance to Color #2.



Thread Light Green (Erin Green) # _____

Color #2 Embroider the leaves at the bottom.

Thread Medium Green (Grasshopper Green) # _____

Color #3 Embroider the succulent leaves.

Thread Dark Teal # _____

Color #4 Embroider the hat.

Thread Cardinal Red # _____

Color #5 Embroider the poppies.

Thread Brown # _____

Color #6 Embroider the cattails.

Thread Sterling # _____

Color #7 Embroider the badge and horseshoe.

Thread Dolphin (Med Gray) # _____

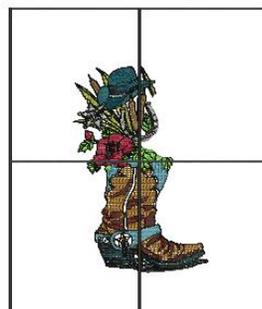
Color #8 Embroider shading for the horseshoe.

Thread Black # _____

Color #9 Embroider the outlining.

Remove the fabric from the hoop. 

Gently remove the stabilizer from the back.



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Western Bouquet (8x12 Stitch Field)

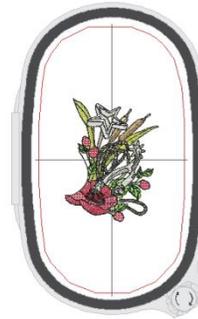
Attach the hoop and grid to the module (no fabric).

Open #2 Right Side

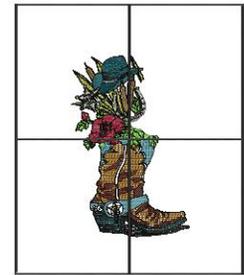
Step #1 Advance to the **embroidery screen** to go to the 1st stitch of my design.

Step #2 Lower the needle and lay an arrow shaped post it note on the grid with the tip of the arrow touching the needle.

(**Babylock, Brother, & Janome** machines need to pass the pre-programmed center stitch and advance to the 1st stitch of my design. (Refer to Steps #1 & #2 of "Tips for Successful Embroidery")



Top of Fabric



To hoop this design the Top of Fabric is positioned at the top of the hoop.

Hoop the stabilized fabric with the **arrow on the grid pointing to the top end of the outline** (shown in red) in **Example #2**. See green start arrow. Remove the grid from the hoop and attach the hoop to the module.

Color #1

Placement Line.

The needle is positioned at the end of the outline (shown in red). See green start arrow in **Example #2**. Sew Color #1 without thread; it sews from the start to the end arrow following the red outline pictured in Example #2. Reposition if needed to follow the outline. Re-thread. Advance to Color #2.

Thread Light Green (Erin Green) # _____

Color #2 Embroider the leaves.

Thread Grasshopper Green # _____

Color #3 Embroider the succulent leaves.

Thread Barewood # _____

Color #4 Embroider the rope.

Thread Cardinal Red # _____

Color #5 Embroider the poppies.

Thread Medium Brown # _____

Color #6 Embroider the cattails.

Thread Sterling # _____

Color #7 Embroider the branding iron & spur.

Thread Dolphin (Med Gray) # _____

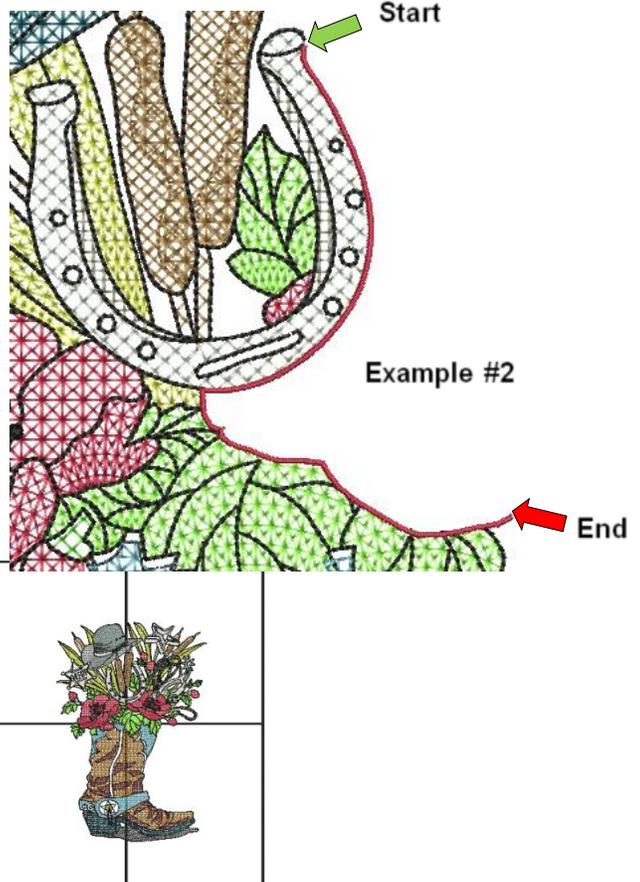
Color #8 Embroider shading for branding iron & spur.

Thread Black # _____

Color #9 Embroider the outlining.

Remove the fabric from the hoop.

Gently remove the stabilizer from the back.



Follow Piecing Instructions at the bottom of page 3.