

"BOOT"IFUL BOUQUET SERIES

Cowboy & Ice Skate Boots
Western & Instrument Bouquets



Ice Skate reversed in this picture



MIX AND MATCH BOOTS AND BOUQUETS!



Cowboy Boot reversed in this picture

Redwork Style Designs for the Embroidery Module
Original artwork by Kelley Smith
Designed and Digitized by
CLAUDIA DINNELL

"BOOT"IFUL BOUQUET SERIES

Cowboy & Ice Skate Boots and Western & Instrument Bouquets

Finished size 20"x 24"

Design includes digitized designs in the following formats: art, dst, exp, hus, jef, pes, vip, vp3, xxx
Print the embroidery and piecing instructions from the CD. Please print in color for easiest viewing.
Minimum stitch field required to embroider these designs is 6" wide and 8" high.

Fabric Supply List:

| | |
|-----------|---|
| ½ yard | Light tone on tone background fabric (per each boot design) |
| 1/3 yard | Dark fabric for outer border and binding |
| 1/8 yard | Inner Border |
| 1 yard | Fusible Woven (OESD) lightweight woven, one sided fusible interfacing |
| ¾ yards | Backing |
| 25" x 30" | Batting |

Embroidery Supply List: Minimum stitch field required 6" wide x 8" high.

Polymesh Cutaway Stabilizer
Ultra Clean and Tear (Medium Light Weight) Tear Away Stabilizer
Temporary Adhesive Spray for fabric
Removable fabric marking pen (no air erasable)
Basic embroidery kit including small doubled curved scissors, long straight pointy tweezers, etc.
Embroidery Needles Sharps 80/12

40wt Embroidery Thread: Isacord Thread Colors are listed:

Water soluble thread for basting

Ice Skate:

| | |
|------|---------------------------------|
| 3650 | Light Blue (body of skate) |
| 3906 | Pacific Blue (shading on skate) |
| 0108 | Cobblestone Gray (skate blade) |
| 2576 | Darker Gray (shading on blade) |
| 0020 | Black (shadow & outlining) |

X-Mas Cowboy Boot

| | |
|------|----------------------------|
| 0824 | Liberty Gold (top & band) |
| 1904 | Red (body of boot) |
| 1912 | Maroon (shading on boot) |
| 5912 | Light Green (star center) |
| 0933 | Brown (heel & sole) |
| 0020 | Black (shadow & outlining) |

Cowboy Boot

| | |
|------|----------------------------|
| 3830 | Steele Blue (top of boot) |
| 1154 | Penny Brown (body of boot) |
| 1346 | Cinnamon (shading on boot) |
| 0824 | Liberty Gold (star center) |
| 4133 | Deep Ocean (heel & sole) |
| 0020 | Black (shadow & outlining) |

Instrument Bouquet:

| | |
|------|-----------------------------------|
| 5912 | Erin (Light) Green (leaves) |
| 5933 | Medium Green (leaves & sprigs) |
| 1904 | Cardinal Red (berries) |
| 3906 | Bright Blue (ribbon) |
| 0108 | Cobblestone (Medium) Gray (flute) |
| 0605 | Daisy Yellow (brass instruments) |
| 0552 | Flax (instrument shading & harp) |
| 0020 | Black (outlining) |

Western Bouquet

| | |
|------|---|
| 5912 | Erin (light) Green (leaves) |
| 5933 | Medium Green (succulents) |
| 4116 | Dark Teal (cowboy hat) |
| 0643 | Barewood Tan (rope) |
| 1904 | Cardinal Red (poppies) |
| 0933 | Redwood Brown (cattails) |
| 0142 | Sterling Gray (badge, branding iron, horseshoe, spur) |
| 0152 | Dolphin (shading on horseshoe, branding iron & spur) |
| 0020 | Black (outlining) |

Sewing Supply List

50wt. Cotton Thread matching the fabric.
Basic sewing kit including scissors, pins, rotary cutter & mat, long straight ruler, etc.
Sizing or Starch
Optional: 20 ½" square ruler for accurate marking & trimming.

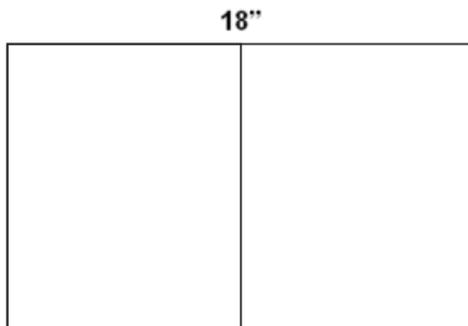
CUTTING INSTRUCTIONS

Light tone on tone background fabric (1/2 yard):

Cut fabric in half:
 (2) 18" x 22"
 Set one piece aside for now.
 Starch and press

Shape Flex Interfacing: (1 yard)

Cut (2) 18" x 22"
 Set one aside for now.
 Iron/press woven interfacing to the back of the background piece.
 The interfacing will shrink.



Seal the two layers well.
 (Refer to Tips for Successful Embroidery / Fabric Preparation)

Inner Border Fabric (1/2 Yard):

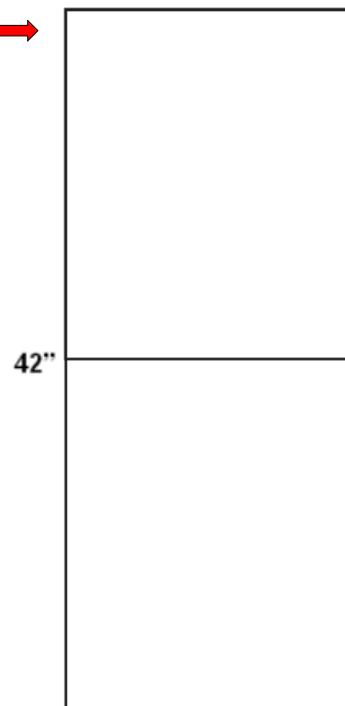
Cut (2) 1" strips x width of fabric:
 Sub cut strips after you have trimmed the background & measured.

Outer Border Fabric

Cut (2) 3 1/2" strips x width of fabric
 Sub cut strips after you have sewn the inner border to the background & measured.

Binding: (same fabric as Inner Border)

Cut (3) 2 1/4" strips x width of fabric



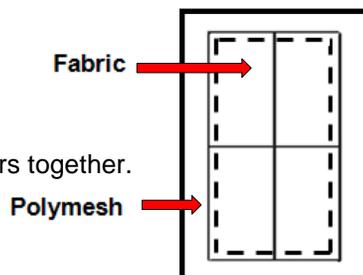
FABRIC PREPARATION

Step #1: Cut Polymesh Cut Away Stabilizer

Cut a piece of Polymesh Stabilizer 4" larger (all around) than the background fabric.
 You may need to piece the Polymesh sections together to get the correct size.
 Overlap the Polymesh sections by 2" (use adhesive spray).

Center the fabric over the stabilizer and use temporary adhesive spray to glue to two layers together.

- Top layer – fabric (ironed and starched)
- Middle layer – Shape Flex (ironed & starched to back of fabric)
- Bottom layer - Polymesh (glued to the Shape Flex)

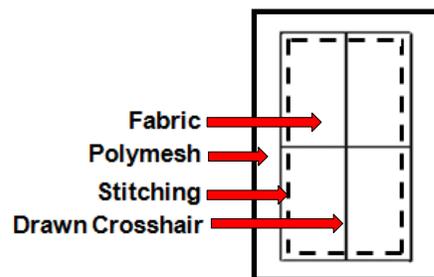


Step #2: Marking the fabric:

Mark a center crosshair **the full width and length** on the **right side** of the fabric. Be accurate and use a removable pen with a thin tip.
 Do not use air erasable.

Step #3: Sew Polymesh to the fabric block:

Sew all around the fabric block (use a dual feed or walking foot) 1/8" from the edge sewing the fabric to the Polymesh. This will help eliminate stretch during the embroidery process. The fabric and Polymesh must lay flat and smooth.



PIECING INSTRUCTIONS

Trim the **embroidered** background piece to 18" x 15".

Inner Border: Cut 1" x Width of fabric strips. Sew one strip to all 4 sides of the background fabric: Trim to fit.

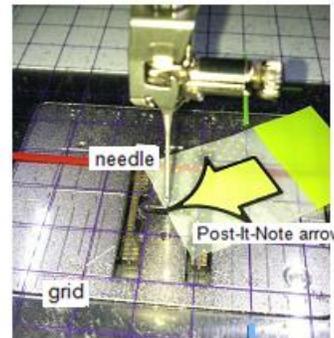
Outer Border: Cut 3 1/2" wide strips x width of fabric. Sew to all 4 sides of the background fabric: Trim to fit.

Follow Claudia's two step "Perfect Placement Technique" for accurately multi-hooping large designs!

Step #1: Marking the design's first stitch location on the grid:

Attach the **hoop and grid** to the module with no fabric. **Open the design** to be embroidered. Advance to the **embroidery sewing screen**. Embroidery Machines open a design in an editing screen. Touch the icon that moves you to the embroidery sewing screen. Advancing to the embroidery sewing screen takes you to the first stitch of the design, where you are ready to embroider! *

Then by hand, lower your needle to touch the grid. Place an arrow shaped post-it-note on the grid so the tip of the arrow touches the tip of the needle. (See picture) This marks the first stitch location of my design on the grid (not the center of the design, not the center of the hoop, but the first stitch of the opened design). Raise the needle; remove the hoop and grid from the module



*Exception to above:

Brother, Babylock, & Janome machines have an **automatic center stitch** programmed into the machine. You must advance past this "programmed center stitch" to move to the first stitch of my design. These machines will have an additional icon, usually a plus/minus sign (+/-). You will need to touch this icon to move you to first stitch of my design. **Bernina** machines with a Basting Box option must make sure the built in **basting box option is turned off**.

Step #2: Hooping the Fabric:

Place the **inner hoop with the grid** on the (stabilized and marked) background fabric. The arrow shaped post-it-note on the grid should be pointing to either the **Needle Alignment** or to the **Placement Line** location on the background fabric. The location is noted in the Embroidery Instructions and will be different for each hooping (it will almost never be the center of the hoop). Hoop the (stabilized and marked) fabric with the lines on the grid parallel and perpendicular to the drawn lines on the fabric. The drawn lines need not lie exactly under the lines of the grid, but must be parallel and perpendicular to the lines on the grid. This keeps the larger piece of fabric square and straight as you embroider. Remove the grid from the hoop and attach the hoop to the module. After you have connected the hoop to the module, the needle may need a little adjustment to be exactly over the **Needle Alignment** or **Placement Line** that are on the fabric. If needed, select the Move Hoop Icon & move the hoop to position the needle perfectly over the mark. The Needle Alignment is to place the needle correctly on the fabric, usually it is not to be sewn out; it is for needle placement only (unless otherwise indicated). If you accidentally sew it out it will look like a crosshair, pick it out! To watch a demo of the "Perfect Placement Technique" from your computer go to:

www.claudiascreationsaz.com Select the "Workshops" tab and choose Instructional Videos / Perfect Placement.

Additional Tips and Helps!

Tip #1: Built in Basting Box!

- Many embroidery machines have a built-in basting box option. When this option is enabled it may add a color stop to the stitching order of the design. This option should be disabled before opening a design. If the basting box option is on or enabled when you advance to the embroidery sewing screen, you would be marking the grid with the first stitch position for the basting box and not the first stitch of the design! Be sure to disable the basting box option before opening a design. Mark the first stitch of the design with the post-it note arrow. Hoop your fabric. Now turn on or enable the basting box option and sew the basting box out. **After sewing out the built-in basting box, turn it off, if your machine doesn't turn it off automatically.** **BERNINA's** have two basting box options; turn off both before marking the grid. Leaving it on will add a thread color stop and the numbering of the colors in the instructions will be off by one: The added color for the basting box. Be sure this option is off before marking the Needle Alignment.

Tip #2: Hooping Tips

- Place sections of **permanent** double sided tape (**not repositionable**) on the wrong side of the inner hoop. Flip the inner hoop right side up and place the inner hoop, with the grid inside of it, on the fabric. The doubled sided tape holds the inner hoop to the fabric. This makes it easier to pick up the inner hoop and fabric and place it in the outer hoop with ease. (Always loosen the outer hoop screws as much as possible).
- You may find it easier to hoop the fabric if you remove the “tear away” stabilizer from the last hooping because that will reduce the stabilizer “bulk”.
- Roll the excess fabric in a tube shape and use clips to hold the excess fabric out of the way. This will prevent the fabric from accidentally slipping under the hoop.
- As you place the hoop on the fabric remember the drawn lines on the fabric need not lie exactly under the lines of the grid, but must be parallel and perpendicular to the lines on the grid.

Tip #3: Unusual Embroidery Instructions (not common in other patterns):

- **Needle Alignment:** This is placed first in the stitching order. It is strictly for needle placement and not to be sewn out (unless indicated). If it is accidentally sewn out it will look like a crosshair. Pick it out!
- **Placement Line:** This is usually a line that is to be sewn out without thread. It is an alignment tool for connecting one hooping to another.
- **The blank line after the thread color: Thread Purple # _____** (Write your thread Color # on the line) It will help you remember what color you used when you return to embroidering.
- **Sew without thread:** The easiest way to do this is to use the stitch sequence control icon (this is the icon that you would use to back up the needle position if you **broke your thread** or **ran out of bobbin thread**.) Use this icon to advance through the design stitch by stitch. Move forward, drop the needle to check to see if you are following an outline, then advance again. Watch my demo on my website.

Tip #4: Ironing/Pressing

- Place the embroidered background fabric **wrong side up**, over a cotton towel to iron. Ironing on the right side of embroidery will crush the embroidery stitches! Padding the stitches with a folded cotton towel won't crush them. I usually spray with starch and then press the fabric.

Tip #5: Trimming the Blocks

- For best accuracy, use a square ruler to trim all the blocks. Place the square ruler on the block lining up two or three sides, then trim. Trimming with a 6" x 24" ruler is not as accurate and leads to slips and miss-cuts. If you have difficulty keeping a ruler from moving when you cut, place double sided tape on the side that goes against the fabric! Also, using quilting gloves helps to hold it in place!

Tip #6: Floating 1 or 2 pieces of Stabilizer

- Placing one piece of tear away stabilizer under the hoop before you embroider should be fine, however, some fabrics may still shift due to the push pull compensation. This means the outlining is off and perfectly following the design. In this case you should always add one more piece of tear away stabilizer for the fabric you are using.

Fabric Preparation

Sizing or Starching the Fabric:

- This process will pre-shrink your fabric and leave it with body making it perfect for cutting, piecing and embroidering. Spray starch over the fabric. Hold a hot iron on the fabric until the moisture dries. Don't burn your fabric but hold it on long enough for it to dry. I always starch my fabric before embroidering on it.



Ice Skate Boot

(10x14 Stitch Field)

(Before beginning embroidery please check my website for updates)

All designs use **Claudia's Perfect Placement Technique** to mark the grid with an arrow before hooping. To watch a demo go to: www.claudiascreationsaz.com select the Workshops tab & click Instructional Videos / Perfect Placement.

The background fabric is cut **18" x 22"** (wxh) & marked with a full crosshair.
See **Cutting and Fabric Preparation Instructions**

Select the folder with the format your machine reads.
Select 10x14 Hoop folder / Select #1 Boots folder
Select **Ice Skate** folder

Attach the hoop and grid to the module (no fabric).

Open **Ice Skate**

Step #1 Advance to the **embroidery screen** to advance to the 1st stitch of my design.

Step #2 Lower the needle and lay an arrow shaped post it note on the grid with the tip of the arrow touching the needle.

Babylock, Brother, & Janome machines need to advance past the pre-programmed center stitch and advance to the **1st stitch of my design**.
(Refer to Steps #1 & #2 of "Tips for Successful Embroidery")

To hoop this design the **Top of Fabric** is positioned with the top of the block at the top.

Hoop the stabilized fabric with the **arrow on the grid pointing to the center crosshair on the fabric**. See green start arrow in **Example #1**. The center of the hoop is not aligned with the center of the fabric. Remove the grid from the hoop and attach the hoop to the module. Slide or "float" 1 or 2 pieces of tear away stabilizer under the attached hoop.

Color #1

Needle Alignment.

The needle is positioned over the center crosshair on the fabric. See start arrow in **Example #1**.

Do not sew Color #1 it is for needle placement only.

Reposition if needed to be over the crosshair. Advance to Color #2.

Thread Color Ice Cap (very light blue) # _____ (write your thread color here)

Color #2 Embroider the skate.

Thread Color Pacific Blue (medium blue) # _____

Color #3 Embroider the shading on the skate.

Thread Color Cobblestone Gray (medium gray) # _____

Color #4 Embroider the blade on the skate.

Thread Greyhound Gray (darker gray) # _____

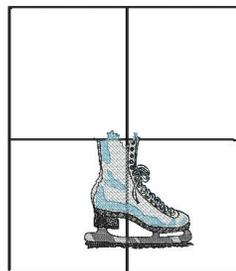
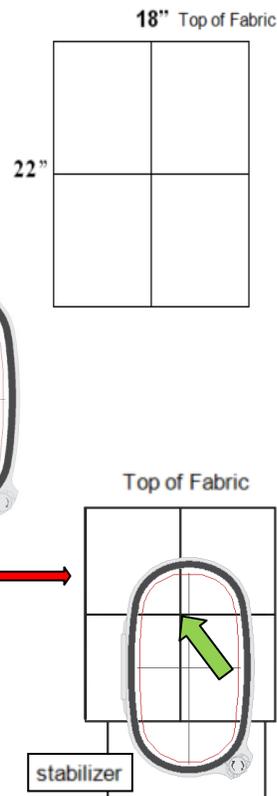
Color #5 Embroider the shading on the blade.

Thread Color Black # _____

Color #6 Embroider the outlining.

Remove the hoop from the module and the fabric from the hoop.

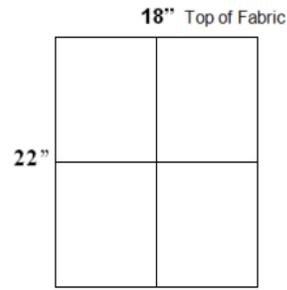
Gently remove the stabilizer from the back.



Cowboy Boot (10x14 Stitch Field)

The background fabric is cut **18" x 22"** (w x h) & marked with a full crosshair.
See **Cutting and Fabric Preparation Instructions**

Select the folder with the format your machine reads.
Select 10x14 Hoop folder / Select #1 Boots folder
Select **Cowboy Boot** folder



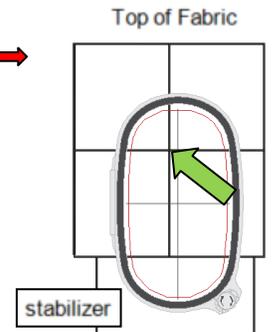
Attach the hoop and grid to the module (no fabric).
Open **Cowboy Boot**



Step #1 Advance to the **embroidery screen** to go to the 1st stitch of my design.
Step #2 Lower the needle and lay an arrow shaped post it note on the grid with the tip of the arrow touching the needle.
(Babylock, Brother, & Janome machines need to pass the pre-programmed center stitch and advance to the 1st stitch of my design. (Refer to Steps #1 & #2 of "Tips for Successful Embroidery")

To hoop this design the **Top of Fabric** is positioned at the top of the block.

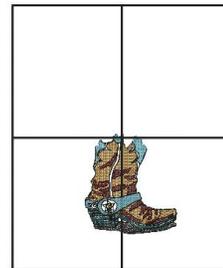
Hoop the stabilized fabric with the **arrow on the grid pointing to the center crosshair on the fabric**. See start arrow in **Example #1**. The center of the hoop is not aligned with the center of the fabric. Remove the grid from the hoop and attach the hoop to the module.
Slide or "float" 1 or 2 pieces of tear away stabilizer under the attached hoop.



Example #1.

Color #1 Needle Alignment.
The needle is positioned over the center crosshair on the fabric. See start arrow in **Example #1**. Do not sew Color #1 it is for needle alignment only.
Reposition if needed to be over the crosshair. Advance to Color #2.

- Thread Danish Teal (medium teal) # _____**
 - Color #2 Embroider the top and band on the boot.
 - Thread Penny (copper brown) # _____**
 - Color #3 Embroider the body of the boot.
 - Thread Cinnamon (dark reddish brown) # _____**
 - Color #4 Embroider the shading on the body of the boot.
 - Thread Liberty Gold (medium gold) # _____**
 - Color #5 Embroider the star on the boot.
 - Thread Deep Ocean (deep teal) # _____**
 - Color #6 Embroider the sole.
 - Thread Black # _____**
 - Color #7 Embroider the outlining.
- Remove the fabric from the hoop.
Gently remove the tear away stabilizer from the back.



To embroider a Christmas Cowboy Boot: use the following colors in this order: (starting with Color #2) Liberty Gold, Cardinal Red, Winterberry (maroon), Erin Green (bright green), Redwood Brown, Black

Instrument Bouquet (10x14 Stitch Field)

Select the **#2 Bouquets** folder
Select the **Instrument** folder

Attach the hoop and grid to the module (no fabric).

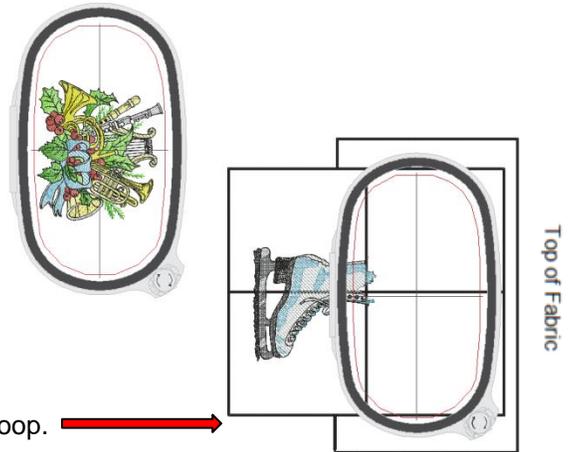
Open Instrument Bouquet →

Step #1 Advance to the **embroidery screen** to advance to the first stitch of my design.

Step #2 Lower the needle and lay an arrow shaped post it note on the grid with the tip of the arrow touching the needle.

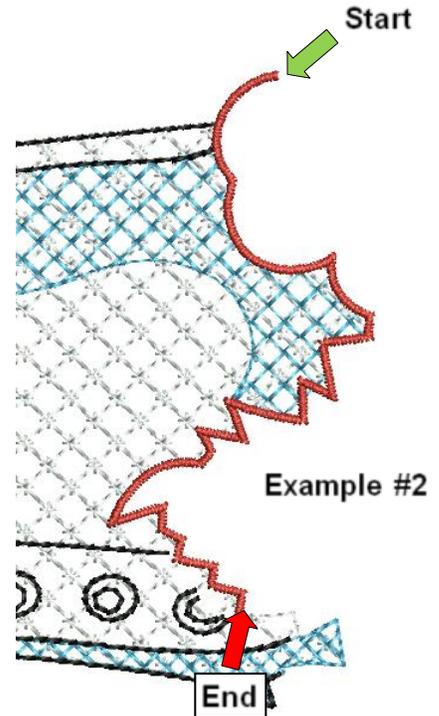
Babylock, Brother, & Janome machines need to advance past the pre-programmed center stitch and advance to the **1st stitch of my design**.
(Refer to Steps #1 & #2 of "Tips for Successful Embroidery")

To hoop this design the **Top of Fabric** is positioned to the right of the hoop. →



Hoop the stabilized fabric with the **arrow on the grid pointing to the top end of the outline** (shown in red): See green start arrow in **Example #2**. Remove the grid from the hoop and attach the hoop to the module. Slide or "float" 2 pieces of tear away stabilizer under the attached hoop.

Color #1 Placement Line. (Pictured is the Ice Skate Boot: the needle placement is the same for all boots) →
The needle is positioned at the top end of the outline (shown in red): See green start arrow in **Example #2**. Sew Color #1 without thread; it sews from the start to the end arrow following the outline (shown in red) in the picture. Reposition if needed to follow the outline.
Re-thread. Advance to Color #2.



Thread Erin Green (light green) # _____

Color #2 Embroider the leaves.

Thread Grasshopper Green (medium green) # _____

Color #3 Embroider the leaves and sprigs.

Thread Cardinal Red # _____

Color #4 Embroider the berries.

Thread Pacific Blue (bright blue) # _____

Color #5 Embroider the ribbon.

Thread Cobblestone Gray (medium gray) # _____

Color #6 Embroider the instrument.

Thread Liberty Gold (medium gold) # _____

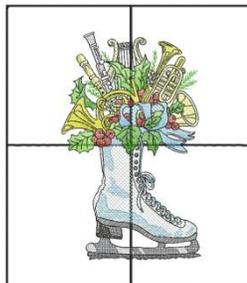
Color #7 Embroider the instruments.

Thread Flax (light tan) # _____

Color #8 Embroider the instruments.

Thread Black # _____

Color #9 Embroider the outlining.



Remove the fabric from the hoop. →
Gently remove the tear away stabilizer from the back.

Follow Piecing Instructions at the bottom of page 3.

Western Bouquet (10x14 Stitch Field)

Select the **#2 Bouquet** folder
 Select the **Western Bouquet** folder

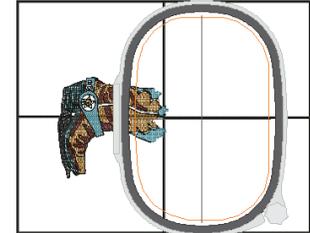
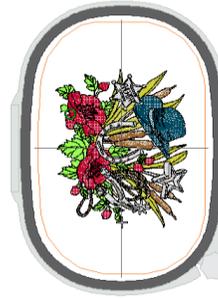
Attach the hoop and grid to the module (no fabric).

Open **Western Bouquet**

Step #1 Advance to the **embroidery screen** to go to the 1st stitch of my design.

Step #2 Lower the needle and lay an arrow shaped post it note on the grid with the tip of the arrow touching the needle.

(**Babylock, Brother, & Janome** machines need to pass the pre-programmed center stitch and advance to the **1st stitch of my design**. (Refer to Steps #1 & #2 of "Tips for Successful Embroidery")

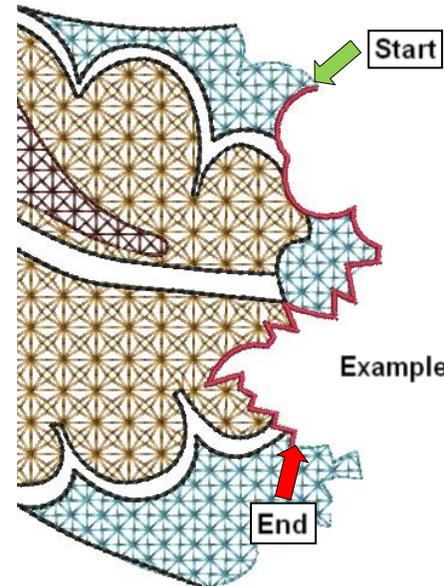


Top of Fabric

To hoop this design the **Top of Fabric** is positioned to the right of the hoop.

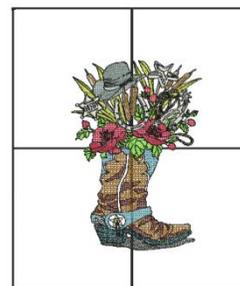
Hoop the stabilized fabric with the **arrow on the grid pointing to the top end of the outline** (shown in red): See green start arrow in **Example #2**. Remove the grid from the hoop and attach the hoop to the module. Slide or "float" 2 pieces of tear away stabilizer under the attached.

Color #1 Placement Line. (Pictured is the Cowboy Boot: the needle placement is the same in all boots)
 The needle is positioned at the beginning of the red outline. See start arrow in **Example #2**. Sew Color #1 without thread; it sews from the start to the end arrow following the outline of the design. Reposition if needed to follow outline. Re-thread.
 Advance to Color #2.



Example #2

- Thread Erin Green (light green) #** _____
- Color #2 Embroider the leaves.
- Thread Green Grass #** _____
- Color #3 Embroider the succulents.
- Thread Dark Teal #** _____
- Color #4 Embroider the hat.
- Thread Barewood Tan (light tan) #** _____
- Color #5 Embroider the rope.
- Thread Cardinal Red #** _____
- Color #6 Embroider the poppies.
- Thread Redwood Brown #** _____
- Color #7 Embroider the cattails.
- Thread Sterling Gray (light gray) #** _____
- Color #8 Embroider the badge, horseshoe, iron, & spur
- Thread Dolphin Gray (medium gray) #** _____
- Color #9 Embroider shading on horseshoe, iron, & spur
- Thread Black #** _____
- Color #10 Embroider the outlining.



Remove the fabric from the hoop.
 Gently remove the stabilizer from the back.

Follow Piecing Instructions at the bottom of page 3.

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